

# pBone | education

## 10 week informal learning on pBone program

Outline:

1. A foundation in brass skills using pBone in either Bb or Eb
2. All pupils have an authentic musical experience learning and playing a brass instrument.
3. Pupils will develop the following skills: (objectives)
  - a. Pulse
  - b. Pitch
  - c. Posture
  - d. Breathing
  - e. Singing
  - f. Buzzing and embouchure creation
  - g. Playing with a good quality sound and technique
  - h. An ability to improvise
  - i. Developing musical memory
4. Each lesson will usually adhere to the following format:
  - a. Physical warm-up
  - b. Rhythm work, usually based on body percussion
  - c. Singing
  - d. Brass warm up/technique builder
  - e. Working with musical materials to contextualize skills and develop new skills and knowledge
  - f. A celebratory performance

# pBone | education

## Outcomes:

**all children will;** have enjoyed taking part the activities using body percussion, singing and playing pBones; have a developing knowledge about how brass instruments work and the importance of good posture; musically contribute to a performance of two simple pieces with body percussion, voices and instruments; have a developing understanding of duration and pitch; listen, watch and maintain a rhythmic pattern in an ensemble; listen and respond to music; have an awareness of how to discern between and behave in both performance and non-performance situations.

**some children will;** use body percussion, sing and play with good posture controlling their voice and instrument to produce a musical sound; know how brass instruments work and how to hold a pBone correctly; sing and play two short pieces by ear; improvise short musical patterns rhythmically and melodically; understand and describe pulse, duration, pitch and dynamics; display a sense of aural awareness in their control of pulse, duration, dynamics and tone quality.

**a few children will** develop further and will be able to use body percussion, singing and playing the pBone to contribute the two pieces through improvisation; improvise a musical pattern as a solo activity in relation to a given pulse; understand and describe pulse, duration, pitch and dynamics in appropriate musical terms; suggest how they can improve their playing; listen discerningly to music and be responsive to different rhythms, enjoy communicating with an audience.

## **BROADER EXPECTATIONS**

Children will learn to work together as a team with some taking both leading and following roles. They will gain confidence in performing together and will respect others' contributions to the ensemble. Their concentration will improve and they will be highly motivated. They will develop greater self-esteem.

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Week	1	2	3	4	5	6	7	8	9	10
Body/percussion	<ul style="list-style-type: none"> <li>Establishing a concept of the beat or musical pulse.</li> <li>Brain gym style warm up exercises for coordination</li> <li>Ready posture</li> </ul>	<ul style="list-style-type: none"> <li>Continue with wk 1</li> <li>Add: Call and response</li> <li>Clapping posture</li> </ul>	<ul style="list-style-type: none"> <li>Add more complexity and depth to work so far</li> <li>Teach exercise to prepare rhythmic basis for Kumala Vista</li> </ul>	<ul style="list-style-type: none"> <li>Maintain developing work</li> <li>Introduce simple improvisation to call and response.</li> <li>Call and response keyed into Kumala Vista</li> </ul>	<ul style="list-style-type: none"> <li>Quick warm-up/attention grabber</li> <li>Group and individual improvisations</li> <li>Kumala Vista patterns</li> </ul>	<ul style="list-style-type: none"> <li>Quick warm-up/attention grabber</li> <li>Group and individual improvisations</li> <li>Kumala Vista patterns</li> </ul>	<ul style="list-style-type: none"> <li>Quick warm-up/attention grabber</li> <li>Group and individual improvisations</li> <li>Kumala Vista patterns</li> </ul>	<ul style="list-style-type: none"> <li>Quick warm-up/attention grabber</li> <li>Group and individual improvisations</li> <li>Kumala Vista patterns</li> </ul>	<ul style="list-style-type: none"> <li>Quick warm-up/attention grabber</li> <li>Group and individual improvisations</li> <li>Kumala Vista patterns</li> </ul>	performances
Singing	<ul style="list-style-type: none"> <li>Simple calls</li> <li>Ready posture</li> <li>Singing posture</li> <li>Breathing warm-up</li> </ul>	<ul style="list-style-type: none"> <li>Deepen confidence in calls/add kinetic work</li> <li>Finding the voice exercises</li> </ul>	<ul style="list-style-type: none"> <li>Continue calls</li> <li>Extend finding the voice with body percussion into simple compositions</li> <li>Begin High medium low work to match 1<sup>st</sup>, 2<sup>nd</sup> and third partials</li> </ul>	<ul style="list-style-type: none"> <li>Extend existing work</li> <li>Begin learning Kumala Vista for instrumental work</li> </ul>	<ul style="list-style-type: none"> <li>Kumala Vista for instrumental work</li> <li>transposing tones in finding voice exercises to key into slide position work</li> </ul>	<ul style="list-style-type: none"> <li>Kumala Vista for instrumental work</li> <li>"Target Song simple" with mouthpieces on chins and slides in correct positions</li> </ul>	<ul style="list-style-type: none"> <li>Kumala Vista for instrumental work</li> <li>"Target Song simple" with mouthpieces on chins and slides in correct positions</li> <li>add some vocal improv as in body percussion</li> <li>second piece</li> </ul>	<ul style="list-style-type: none"> <li>Kumala Vista for instrumental work</li> <li>"Target Song simple" with mouthpieces on chins and slides in correct positions</li> <li>vocal improve</li> <li>second piece</li> </ul>	<ul style="list-style-type: none"> <li>Kumala Vista for instrumental work</li> <li>vocal improve</li> <li>second piece</li> </ul>	performances
Instrumental	<ul style="list-style-type: none"> <li>Inspirational demo</li> <li>How a brass instrument works</li> <li>Mouthpiece buzz/posture</li> </ul>	<ul style="list-style-type: none"> <li>Getting to grips with pBone</li> <li>Buzzing exercises match in with finding the voice</li> <li>posture</li> <li>First note</li> </ul>	<ul style="list-style-type: none"> <li>Recap: wk 1 &amp; 2</li> <li>Add high medium low, linked to voice work</li> </ul>	<ul style="list-style-type: none"> <li>"practice week"</li> <li>deepen and correct: "breathe, sing, buzz play"</li> <li>Deepen and correct correct posture</li> </ul>	<ul style="list-style-type: none"> <li>Checking technique</li> <li>Develop high medium low</li> <li>Begin keying understanding of high, medium, low into Kumala Vista</li> </ul>	<ul style="list-style-type: none"> <li>Checking technique</li> <li>Develop high medium low</li> <li>Add Kumala Vista slide positions</li> <li>High, medium, low in Kumala Vista slide positions</li> </ul>	<ul style="list-style-type: none"> <li>Instrumental warm up</li> <li>Rehearse "target song simple"</li> <li>Add second instrumental piece (we will rock you)</li> </ul>	<ul style="list-style-type: none"> <li>Instrumental warm up</li> <li>Rehearse "target song simple"</li> <li>Rehearse second piece</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>Instrumental warm up</li> <li>Rehearse "target song simple"</li> <li>Rehearse second piece</li> </ul>	performances

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